



OPAF

ORTHOTIC AND PROSTHETIC
ACTIVITIES FOUNDATION



First Climb!

First Climb Clinic is an introduction to adaptive rock climbing or para-climbing. Whether a clinic is held using a portable rock wall or in a rock climbing gymnasium, First Climb introduces those facing physical or mobility challenges to the thrill of rock climbing. Problem solving skills and self esteem are all part of adaptive rock climbing, while upper body, lower body and core strength are developed. Sign up today!

April 8, 2018

9AM: Adaptive training for therapists and volunteers

11AM-12PM: First Climb Clinic for participants

Elite Climbing

67 Old Kings Highway
Maple Shade, NJ
08052



Our First Climb instructor will be **Andrew Chao, Peak Potential President.**

Andrew will be assisted by other adaptive instructors! Since 2001, Peak Potential has been running free adaptive climbing programs for children with physical disabilities in New Jersey, with sessions 4 days a week- spread over three locations in North and Central New Jersey.

Andrew has been working with Peak Potential since 2008, and in that time, has helped numerous organizations across the country train their volunteers and develop adaptive climbing programming.

REGISTER TODAY!

www.opafonline.org

We are limited to 25 spaces,
so register today!

Visit www.opafonline.org
or call 990-819-9404.



Thank you to our proud sponsor!